

PRESENTED BY:



# FEBRUARY 6TH

# ARIZONA SENIOR LIFESTYLES EXPO

WEDNESDAY, FEBRUARY 6, 2013 • 9AM - 1PM  
MESA CONVENTION CENTER • 201 N. CENTER ST. • MESA, 85201



More than **50 booths** to explore, the Senior Lifestyles Expo is the best setting for older adults and their families to find out first-hand about products and services available to us as we age. This year's Senior Lifestyles Expo focuses on nutrition, health, wellness, retirement, housing, education, advocacy, and much more!



**Opportunities** are around every corner, whether it be the latest medical breakthroughs to get you back on your feet sooner or where you can volunteer in the East Valley & beyond, we have it all. Come learn how you can stay vibrant and active.



Meet **professionals** who will help you transition seamlessly thru the best phase of your life. The Senior Lifestyles Expo will provide "one-stop-shopping" for older adults, their families and caregivers looking to connect with valuable local resources.

For more information call Lara Brunia at 480.969.1307 ext.12 or visit [arizonaseniorexpo.com](http://arizonaseniorexpo.com)

### LIVE ENTERTAINMENT BY:



- Multi-Award Winning and America's Got Talent Finalists, The Duttons
- Singing TV Guy, Mike Chamberlin
- The Arizona Renaissance Festival, Zilch the Tory Steller
- "The Spouse Whisperer" Comedian Mark Cordes

### EXHIBITORS & RESTAURANTS INCLUDE:

- Cobblestone Auto Spa • Village Inn • Montesa at Gold Canyon • Bookmans
- LifeQuest Chiropractic & Massage • Humana • Dunkin' Donuts • Edward Jones
- Texas Roadhouse • Cracker Barrel • Southwest Dental Plan • AZ Sun Cats

## FREE ADMISSION

- LIVE ENTERTAINMENT
- Health & Wellness Seminars
- More than 50 Exhibitors
- Hourly Door Prizes
- Local Restaurants
- Area Attractions



Win an Allegiant Vacation for 2 on the Inaugural Flight to Hawaii departing Phx/Mesa Gateway Airport February 8th, 2013!

Visit [www.arizonaseniorexpo.com](http://www.arizonaseniorexpo.com) for details.



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